



PO Box 151416
Dallas, TX 75315
www.heartcompassion.org

Overseer Pastor
Emmanuel N. Haniah
1-347-400-2510
emmanuel@heartcompassion.org

Prophetess
Laneen Haniah
"Dr. Intimacy"
1-347-495-4555
www.drintimacy.org

Join us for

THE CHURCH On the Phone

Sunday – Friday
4:00AM-6:00AM
1-712-432-3900
Call ID 634403#

Find out more at
www.thechurchontheophone.org



Dear Beloved,

What you are about to read can absolutely change your life! It is a 100 day plan that will address every weakness of your flesh, giving you the opportunity to prove to yourself once and for all that God truly is God all by Himself and that He is your great and exceeding reward.

Six years ago, I found myself in spiritual stagnancy. I had reached a plateau and I had three choices at that point: move forward, move backward, or stand still. It seemed like I was starting to move backward. My stagnancy turned into carnality which soon led to my own self disgust. I was watching too much TV, eating too much junk, screaming at my kids too much, arguing with my husband too much, complaining about my finances too much, I was indulging in masturbation and other sexual sin... I could go on and on.

I could preach the paint off of the walls, but I was fleshly and a stench to God's nostrils. I couldn't stand myself anymore and I was not willing to continue to go backward or stand still. I had to move forward... *but how?*

Maybe you can relate on some level. Or perhaps you feel OK about your spiritual life right now, but yet would have to admit that you have not really challenged yourself to go higher in quite some time. Perhaps you can admit that like me back in those days, you have some very bad habits that are causing detriment in some area of your life. Perhaps the truth is that you are overweight and at risk in your health but still refuse to eat healthy and exercise regularly. It could be that you are not overweight. You look slim and fit but often feel extremely tired even after long sleeps.

Maybe you are really on the next level and are not having any of those spiritual or physical issues. If so that's great... but what about your emotional life? What about your relationships? Are you needy, touchy, easily angered? Are there areas of unforgiveness in your life? Do you find yourself often at the receiving end of rejection or some unpleasant incident in a relationship? Do you have connections to ungodly people that you know you need to break but you just can't seem to? Are you suffering from loneliness or depression... or even psychosis???

I know that I have probably found your hot button by now. You see the truth of the matter is that we are all either stagnant or digressing in some area of our lives. Left unchallenged these are usually the spots and blemishes that we will carry to the grave with us because we fail to apply this one simple truth,

"If you want something you've never had before, you've got to do something you've never done before!"

Mike Murdock spoke these words and they changed my life. These words were the answer to my question of how to break out of stagnancy. I needed to challenge myself in a way that I had never done before and what you are about



PO Box 151416
Dallas, TX 75315
www.heartcompassion.org

Overseer Pastor
Emmanuel N. Haniah
1-347-400-2510
emmanuel@heartcompassion.org

Prophetess
Laneen Haniah
"Dr. Intimacy"
1-347-495-4555
www.drintimacy.org

Join us for

THE CHURCH On the Phone

Sunday – Friday
4:00AM-6:00AM
1-712-432-3900
Call ID 634403#

Find out more at
www.thechurchontheophone.org



to see on the following pages is what I did. It wasn't written on paper at that time. The Holy Spirit instructed me day by day until every area of stagnancy and carnality had been challenged and corrected. It raised every standard in my life and produced the powerful woman of God that people know today as "Dr. Intimacy".

This is the first time I have ever really shared this plan with anyone on a large scale, but I feel that tug in my spirit saying to me, "It's time to go higher". This time I am not going by myself though. Working alongside my husband, Pastor Emmanuel Haniah, I am inviting any and all that are ready to really put to death the flesh in their lives and let God truly be the Lord of All -- that they may see the glory that they have always dreamed and prayed about!

We are overseers of a unique ministry called THE CHURCH on the Phone. We meet six days a week to have fellowship over the phone with saints from all over the nation. We have created this platform and put in writing this 100 day consecration plan to make available to you an incredible opportunity to raise the standard in your life with the support of The Body of Christ.

We will be addressing the spirit, soul and body during this time of consecration and we plan to perfect the plan even more so as we go along. We are constantly updating the information for the consecration as we seek further knowledge on how to best appreciate the abundance of this life that God has blessed us with through living a disciplined and well-balanced life of consecration.

The truth of the matter is that even though it is written out for 100 days, I am confident that if you embark on and commit yourself to this challenge it will not be just 100 days... it will be your lifestyle from this point forward. You will once and for all prove to yourself that you actually can live without all of the things that you thought you never could. You will prove that you can get healing in all of the areas that you thought were broken beyond repair. You can lose weight and feel great and have your strength renewed like the eagle's. You will see with your own eyes that more glory can be revealed through you and that your lost loved ones can be saved. Oh how I could go on, but it is sufficient to say that you are going to give God a chance to prove to you that with Him all things are truly possible!!!

We are calling this ***The Remnant Revolution*** because we want to revolutionize the Body of Christ by re-introducing a "life style" of consecration. Not a time of consecration but a LIFE OF CONSECRATION. Too many say it doesn't take all of that, but Christ said He is coming back for a remnant bride without spot or wrinkle! We want to usher in His soon return by helping remove the spots and iron out the wrinkles!

You can use this plan by yourself, but it would be best if you walk through this journey with us. No matter what day we are on when you receive this letter, it is



PO Box 151416
Dallas, TX 75315
www.heartcompassion.org

Overseer Pastor
Emmanuel N. Haniah
1-347-400-2510
emmanuel@heartcompassion.org

Prophetess
Laneen Haniah
"Dr. Intimacy"
1-347-495-4555
www.drintimacy.org

Join us for

THE CHURCH On the Phone

Sunday – Friday
4:00AM-6:00AM
1-712-432-3900
Call ID 634403#

Find out more at
www.thechurchonthephone.org



not too late. Those that come in the late evening will receive the same reward as those that came in the early morning! We will press together and we will get blessed together! You can visit our website to learn more about THE CHURCH on the Phone at www.thechurchonthephone.org. Either way, may this plan prosper and bless you in every way spiritually, soulfully, and physically as you join **The Remnant Revolution – 100 Days of Consecration!!!**

With Love and Compassion,
Pastor Emmanuel and
Prophetess Laneen Haniah
Overseers of **THE CHURCH on the Phone**



To connect with us please use the contact information on this letterhead. Also, be sure to check out the commitment form on the last page of this package. If you want to join with us be sure to fill it out and return it to us. We also welcome your love offerings to help us continue our efforts to reach the entire Body of Christ with this life-changing information.

100 Days of Consecration:

The Remnant Revolution!!!

This fast is a gradual step down to eating no food at all for seven days. Throughout the 100 day fasting period, not only will eating be restricted, but activities as well. In addition to omitting certain foods and activities from your life, you will have to add certain foods and activities as well.

Restricted Activities

- **NO ALCOHOLIC BEVERAGES**
- Excessive snacking between meals. (1-2 small healthy snacks per day of those foods permitted for each phase.)
- All sexual contact for unmarried people. Married couples during phase #5 (if your spouse will not agree to this, submit to them. Keep it lifted up in prayer and they will yield! Also, don't be the one to initiate sexual contact.)
- Watching TV
- All unnecessary computer time (chatting, e-mailing, games, etc...)
- Any type of dating or hanging out (i.e. movies, going out to dinner Etc...)
- Any unnecessary activities like shopping for new clothes
- Any and all unnecessary phone conversations
- No secular reading (Only Christian books, magazines, etc...)
- Limited conversations with everyone
- No secular music (only Gospel/Christian music)
- Limited contact with all people except when coming together in the Name of the Lord

Now as you omit certain activities from your life, you have to add other activities.

Required Activities

- **DAILY ON-TIME ATTENDANCE ON THE CHURCH ON THE PHONE**
- Church attendance - (go diligently as often as you can. If there is no service at your church seek out services at other churches, but only go where there is fire!)
- Prayer, prayer, prayer - **YOU MUST PRAY EVERY DAY!!!**

- Praise and worship - you must do this everyday!!! (prayer, and praise and worship can be done interchangeably. Do it for at least 30 minutes a day or longer, in a single session.)
- Reading the Bible - do this diligently every day in all of your spare time.
- Keep a journal and write down whatever you are feeling and whatever the Lord may reveal to you. This will help you a lot as you go along.
- Meditate, meditate, meditate on the Lord. Let all of your thinking be of him and nothing else. (Try speaking in tongues throughout the day)
- Let all your conversation be edifying to others and glorifying to the Lord even as if you were talking right to him.

Eating Requirements and Phase Out Guidelines

DAYS 1-11 (PHASE #1)

Eating Requirements for phase #1

Drink at least eight 8oz glasses of water per day!!! (Non-caffeinated herbal tea w/o sweetener and/or lemon water can substitute a glass of water.) Eat one meal a day which will consist of only raw, steamed, or pureed fruits or vegetables; whole grain stone ground wheat bread; and nuts (or something similar). With these meals drink water or rice, almond or soymilk. Eat two regular meals per day of whatever foods you choose excluding those on the omit list for this phase.

Omit list for phase #1

All junk food (i.e. potato chips, candy, soda...), all fast food, all soda, all drinks that are not 100% juice, all seafood except fish (not catfish), all fried foods, and no eating take out unless it is absolutely necessary. If it is necessary the take out will count as one meal and must be within the guidelines.

**In this phase you are permitted to eat most foods for your regular meal. As you go into this fast don't think of it as just seasonal, but think of it as a total lifestyle change. You should invest in a juicer and make your own fruit and vegetable juices. Don't eat fruits and vegetables together. This can cause digestive problems.*

DAYS 12-22 (PHASE #2)

Eating Requirements for phase #2

Drink at least eight 8oz glasses of water per day!!! (Non-caffeinated herbal tea w/o sweetener and/or lemon water can substitute a glass of water.) Eat one meal a day which will consist of only raw, steamed, or pureed fruits or vegetables; whole grain stone ground wheat bread; and nuts (or something similar). With these meals drink water or plain rice, almond or soymilk. Eat two regular meals per day of whatever foods you choose excluding those on the omit list for this phase.

Omit list for phase #2

All foods from phase #1 omit list, all meats except poultry or fish, butter, all sweet dessert foods, all bleached flour products (i.e. white bread) cereals with added sugar, jelly, syrup, all artificial sweeteners and foods made with them (i.e. equal, splenda, sucralose, etc.) all dairy products, coffee and all other caffeinated products and heavily seasoned foods.

**In this phase you are still permitted to eat poultry, fish, eggs, pasta, beans rice and other foods, plus fruits and vegetables for your regular meal. Vitamin Water can be drank during this consecration. It is made with natural cane sweetener and in vitamins. Don't use the '10' varieties of Vitamin Water as they are made with artificial sweeteners. Vitamin Water is not to be used as a replacement for water. It can only be used as a replacement for juice!*

DAYS 23-33 (PHASE #3)

Eating Requirements for phase #3

Drink at least eight 8oz glasses of water per day!!! (Non-caffeinated herbal tea w/o sweetener and/or lemon water can substitute a glass of water.) Eat one meal a day which will consist of only raw, steamed, or pureed fruits or vegetables; whole grain stone ground wheat bread; and nuts (or something similar). With these meals drink water or plain rice, almond or soymilk. Eat two very simple meals per day including those foods listed below the omit list for this phase.

Omit list for phase #3

All foods from phase #2 omit list, chicken, eggs, white rice, all table condiments (i.e. ketchup, mustard, mayonnaise, etc...[except salad dressing but don't use those with lots of sugar like honey Dijon and Catalina, thousand Island, etc...]), sauces (i.e. spaghetti sauce, cheese sauce, barbecue sauce etc...) and honey.

**By this phase your diet is getting very simple. You are only permitted to eat fish, pasta (but only prepared according to the guidelines), beans and/or brown rice plus fruits and vegetables for your regular meal.*

DAYS 34-44 (PHASE #4)

Eating Requirements for phase #4

Drink at least eight 8oz glasses of water per day!!! (Non-caffeinated herbal tea w/o sweetener and/or lemon water can substitute a glass of water.) Eat one meal a day which will consist of only raw, steamed, or pureed fruits or vegetables; whole grain stone ground wheat bread; and nuts (or something similar). With these meals drink water or plain rice, almond or soymilk. Eat two very simple meals per day including those foods listed below the omit list for this phase.

Omit list for phase #4

All foods from phase #3 omit list, fish, all variations of potatoes, and pasta.

**You are getting closer to nothing now. In this phase you are only permitted to eat beans and/or brown rice plus fruits and vegetables for your regular meal. You may be beginning to feel nauseous at this point. Try adding fresh lemon juice or peppermint tea to your water. It is important to continue to eat your fruits and vegetables. They are preparing your body for the final phase. This would a great time to use a colon cleansing product for the next 30 days.*

DAYS 45-55 (PHASE #5)

Eating Requirements for phase #5

Drink at least eight 8oz glasses of water per day!!! (Non-caffeinated herbal tea w/o sweetener and/or lemon water can substitute a glass of water.) Eat one meal a day which will consist of only raw, steamed, or pureed fruits or vegetables; whole grain stone ground wheat bread; and nuts (or something similar). With these meals drink water or plain rice, almond or soymilk. Eat one meal of beans (you can add them to your salad or make them into soup or just eat them plain) and fruits and vegetables per day.

Omit list for phase #5

All foods from phase #4 omit list, salad dressing (use fresh lemon juice and maybe light seasonings if necessary) and rice plus one meal per day.

**In this phase all you are only permitted to eat beans and fruits and vegetables for your regular meal and you are eating only twice a day now. You should be setting your mind to go without food for seven days by now. You should be feeling ready. It is now time for married couples to give up sexual activity so they can preserve their physical strength and give all their worship to Yahweh. (Please make sure this is OK with your spouse!)*

DAYS 56-65 (PHASE #6)

Eating Requirements for phase #6

Drink at least eight glasses of water per day!!! Eat one meal a day, which will consist of only raw, steamed, or pureed fruits and vegetables. Continue to drink water, plain rice, almond or soymilk or any variety of 100% juice, fruit or vegetable.

Omit list for phase #6

All foods from phase #5 omit list, beans, nuts, and bread plus one meal per day all snacking after day 6.

**In this phase you are only permitted to eat fruits and vegetables. You give up snacks half way through this phase to get your body ready for the final phase of going without food. If you've made it this far following the guidelines, there is no turning back now!*

DAYS 66-72 (PHASE #7, FINAL ONE HALLELUJAH!!!)

Eating Requirements for phase #7

Drink at least eight glasses of water per day!!! Drink 100% fruit or vegetable juice for the first four days. The last three days drink only water.

Omit list for phase #7

All foods, rice, almond or soymilk, fruit and vegetable juice after 4 days.

**In this phase GET READY TO RECEIVE THE POWWWWWEEERRRRRRRRRRRR!!!*

Phase in Guidelines

During the phase-in period continue to adhere to the activity restrictions and requirements guidelines. It is important that you gradually phase back in to eating a normal diet. If you are anxious to pig out and eat what you want at the end of the fast then you missed the point and still have not fully learned to deny yourself!

DAYS 1-7 (STAGE #1)

Eating Requirements for stage #1

Drink at least eight glasses of water per day!!! Eat two or three meals a day which will consist of only raw, steamed, or pureed fruits and vegetables and whole grain stone ground wheat bread.

You can also drink any variety of 100% juice, fruit or vegetable juice. After 3 days you can drink plain rice, almond or soymilk.

Add-in list for stage #1

Add fruits and vegetables, 100% fruit and vegetable juices, plain rice, almond or soymilk, and whole grain stone ground wheat bread back into your diet.

You are just slowly getting your body ready to eat regular food again. Your spirit should be soaring at this time and food is not a 'god' to you as it once was. Married couples may re-unite in sexual intimacy as soon as they feel strong enough to do so. If you are not married FORGET ABOUT IT!

DAYS 8-14 (STAGE #2)

Eating Requirements for stage #2

Drink at least eight 8oz glasses of water per day!!! (Non-caffeinated herbal tea w/o sweetener and/or lemon water can substitute a glass of water.) Eat one meal a day which will consist of only raw, steamed, or pureed fruits or vegetables; whole grain stone ground wheat bread; and nuts (or something similar). With these meals drink water or plain rice, almond or soymilk. Eat two meals of beans (you can add them to your salad or make them into soup or just eat them plain), brown rice, and fruits and vegetables per day.

Add-in list stage #2

All the foods listed in the stage #1 add-in list, 1-2 small healthy snacks between meals, salad dressing, brown rice, beans, and nuts.

You are now permitted to eat healthy snacks between meals again. Right now your snacks would only some sort of vegetables, fruits, healthy whole grain or wheat crackers and/or nuts.

DAYS 14-21 (STAGE #3)

Eating Requirements for stage #3

Drink at least eight 8oz glasses of water per day!!! (Non-caffeinated herbal tea w/o sweetener and/or lemon water can substitute a glass of water.) Eat one meal a day which will consist of only raw, steamed, or pureed fruits or vegetables; whole grain stone ground wheat bread; and nuts (or something similar). With these meals drink water or plain rice, almond or soymilk.

Eat two additional meals, which can include any combination of the foods that have been added back in thus far. Continue to drink water, soymilk or any variety of 100% juice, fruit or vegetable.

Add-in list stage #3

All the foods listed in the stage #2 add-in list, pasta, fish, potatoes, and oatmeal (or other healthy breakfast grains and cereals – no grits or sweetened cereals).

**In this stage you return to eating two regular meals per day. It will not go back to three.*

DAYS 22-28 (STAGE #4)

Eating Requirements for stage #4

Drink at least eight glasses of water per day!!! Drink three glasses of soymilk per day (not chocolate). Eat one meal a day which will consist of only raw, steamed, or pureed fruits and vegetables, whole grain stone ground wheat bread, and nuts. Eat two meals a day, which can include any combination of the foods that have been added back in thus far. Continue to drink water, soymilk or any variety of 100% juice, fruit or vegetable.

Add-in list stage #4

All the foods listed in the stage #3 add-in list, poultry, eggs, sauces (i.e. spaghetti sauce, cheese sauce, barbecue sauce etc...), condiments (i.e. ketchup, mustard, mayonnaise, etc...), honey, and flavored soy, almond or rice milk (you should have been using the plainest variety up until this point.).

DAY 29 AND FOR THE REST OF YOUR LIFE (FINAL STAGE)

Eating guidelines for good health hereafter

Drink at least eight glasses of water per day!!! Eat one meal a day which will consist of only raw, steamed, or pureed fruits and vegetables, whole grain stone ground wheat bread, and nuts. Eat two meals a day, which can include any combination of the foods that have been added back in thus far. Continue to drink water, and rice, almond or soymilk or any variety of 100% juice, fruit or vegetable.

**Eat sparingly the foods that are added back in for this phase. Eat red meat or pork no more than four times per month. Stay away from heavily seasoned foods. Use sweeteners and condiments sparingly. Stick to fish and beans. Always steam vegetables when cooking them. AND TRY NOT TO EVER AGAIN EAT THE FOODS THAT HAVE NOT BEEN ADDED BACK IN!!!*

Add-in list for final stage

All the foods listed in the stage #4 add-in list, red meat, pork, 100% maple syrup, natural sweeteners (i.e. sugar in the raw, organic cane sugar, agave, etc...), dairy, butter (don't ever use margarine or spreads!), dine out on occasion, and a dessert food on occasion (no more than once a week). **You can also now resume the activities that were restricted during the**

consecration although I guarantee you that many of them you will never want to return to. Those activities that were required during the consecration should remain a part of your life from this point forward except perhaps the increased church attendance.

****Try to never eat again:***

Candy (except dark chocolate 60% cocoa)

Unnatural Soda (There are sodas made with real fruit juice and cane sugar, these are ok but use them sparingly)

Seafood (shell fish and fish without scales such as Catfish)

White sugar

Artificial sweeteners (i.e. nutrasweet, equal)

White rice

White flour (or products with bleached flour)

Caffeinated products (coffee, tea, soda, diet pills, energy drinks, etc...)

Junk food

Fried food

Fast food

Canned food (except beans, or tuna)

Boxed convenience foods (i.e. boxed mac-n-cheese, hamburger helper, rice-a-roni, etc...)

Hot dogs

Sausage (unless freshly ground with no pork or byproducts)

Pork

Tips for Coming Out Victorious

- This fast is very strict and is going to take a lot of discipline. Don't go into this thinking it will be easy, but rely on the grace of God and the joy of the Lord to strengthen you!
- During the preparatory phases pray daily for joy to make it through the fast. Ask God to take the desire away from you to eat and do the things that are not permitted. Meditate constantly on the fast and envision yourself coming out victoriously. Build up anticipation so that you will be excited and ready as the fast intensifies.
- Be sure to have everything you need!
- A juicer is an excellent idea. Fresh fruit and vegetable juices help cleanse the body and will give you strength and energy.
- **DO NOT OMIT THE FRESH FRUITS AND VEGETABLES FROM YOUR DIET!!! IT IS VERY IMPORTANT THAT YOU EAT YOUR FRUITS AND VEGETABLES. YOU WILL NOT LAST IF YOU DON'T. THE TOXINS WILL TAKE OVER YOUR BODY AND MAKE YOU WEAK!!! IF YOU DON'T WANT TO EAT THEM, DRINK THEM INSTEAD.**
- If you begin to feel nauseous drink peppermint tea or lemon water, but remember you can't sweeten it! It can count as one of your 8 glasses.
- Try to give yourself an enema during phase 1, 2 and 3. It will help remove toxins from your body more quickly. Use an enema bag if possible (1 qt of water w/ 2tbls of Epsom salt, or the juice of ½ of lemon, or just plain filtered water.
- Be sure to take a multivitamin while on the fast and afterward.
- Try to drink only filtered or distilled room temperature water.
- Don't over exert yourself. Take it easy and don't take on any unnecessary projects.
- During the early phases get your house spotlessly clean. Clean and polish everything and fill your house with sweet aromas. Prepare for the arrival of the KING! (And make sure you keep it that way.)

- Be sure to shower everyday. It would be good to buy a natural bristle brush or loofa sponge to use to clean your body. The skin is another way the body rids itself of toxins.
- Get preaching tapes to listen to, buy spiritual books to read, and only listen to gospel music that invokes the presence of God and causes you to want to praise and worship.
- Keeping a journal will really help a lot. If you are not used to writing your feelings try it out anyway. You'd be surprised when you read back over it later how much the Lord will reveal to you.
- Don't waste a moment of your time thinking about what you are going to eat, or what you are going to do when the fast is over. Give yourself totally over to the Lord mind, body, and soul. Enjoy the fast and take pleasure in it. This will cause you to prosper in it.
- Don't get anxious and try to skip ahead. This fast is not just about food restrictions, but it is also about discipline, patience and endurance. It took decades for your spirit to get into the imperfect condition that it is in, and you will have to patiently and diligently endure the process of restoration. **TO MAKE IT PLAIN -- STICK TO THE GUIDELINES!!!**
- If you feel led to go without food for longer than 7 days add extra days to the end of the 72-day period. Go as long as you feel strengthened to continue, but be sure to continue to drinking water. **ADD THESE DAYS ON AFTER THE 72 DAYS ARE COMPLETE AS BONUS DAYS, FOR A BONUS BREAKTHROUGH AND A BONUS BLESSING!!! Do NOT DEVIATE FROM THE GUIDELINES.** Be sure to adhere to the phase-in guidelines no matter how long you go without food.
- **THIS IS PROBABLY THE MOST IMPORTANT PIECE OF ADVICE I CAN GIVE YOU CONCERNING THIS THING: DON'T THINK OF THIS AS JUST A SEASON OR TIME PERIOD OF FASTING. INSTEAD BE TRANSFORMED BY THE RENEWING OF YOUR MIND. THINK OF THIS AS THE BEGINNING OF A WHOLE NEW WAY OF LIFE. THINK OF THIS AS THE BEGINNING OF DYING DAILY FOREVER MORE, CARRYING YOUR CROSS AND NEVER DROPPING IT, DENYING YOUR FLESH AND NEVER GIVING IN, FOLLOWING AFTER THE SPIRIT WITH ALL TENACITY, BEING SET AFIRE BY THE HOLY GHOST AND NEVER GOING COLD AGAIN. IF YOU RENEW YOUR MIND IN THIS WAY, YOU WILL NEVER RETURN TO THE THINGS OF OLD ONCE THIS IS OVER. THIS WILL BE YOUR WAY OF LIFE UNTIL YOU RETURN TO THE FATHER. HALLELUJAH!!!! THANK YOU YESHUA!!! AMEN!!!!**

Embark on this journey prayerfully and know that the Lord is with you. His Grace is sufficient for you and you can do all things through Christ which strengthens you. You will never be the same after this!!!



PO Box 151416
Dallas, TX 75315
www.heartcompassion.org

Overseer Pastor
Emmanuel N. Haniah
1-347-400-2510
emmanuel@heartcompassion.org

Prophetess
Laneen Haniah
"Dr. Intimacy"
1-347-495-4555
www.drintimacy.org

Join us for

THE CHURCH On the Phone

Sunday – Friday
4:00AM-6:00AM
1-712-432-3900
Call ID 634403#

Find out more at
www.thechurchonthephone.org



I am Committed!

I, _____ am making a written commitment before myself and God to embark on this 100 day challenge to raise the standard of righteousness in my life and be a part of the unspotted and unwrinkled bride that will usher in Jesus Christ's soon return.

I understand that this 100 day consecration is going to challenge me like never before and bring death to my flesh in all areas. If I fall I will not quit, I will pick up where I left off and keep charging forward.

I will put forth 100% effort to follow all of the guidelines here-in including participating in the early morning fellowship of THE CHURCH on the Phone (or something similar). I understand that God is not looking for a perfect performance but instead a perfect in persistence pursuit of His Presence. That is what I am committing to give Him!

Ministry title (if applicable): _____ Age _____

First and Last name: _____

Address: _____

City, St, Zip: _____

E-mail/Web address _____

Phone: _____ Is this a mobile phone? Yes No

Do we have permission to send text messages to this number? Yes No

Name and web address of local church (if applicable): _____

Level of church commitment: Dedicated member Non-dedicated member

Not a member, visitor only Do not attend church regularly at this time

100 days start date: (if joining with us please write 08/28/09) _____

End date: (if joining with us please write 12/05/09) _____

Sign _____ Date _____

Please mail to address on letterhead or scan and email to info@thechurchonthephone.org. Also can be filled out On-line at our website www.heartcompassion.org/The_Revolution_Commit.html. Thank you! ©